



Our Value in January is **APPRECIATION**

- Awareness and recognition of qualities and values
- Expression of gratitude
- A favourable judgement or opinion

At school we will start by learning to appreciate ourselves and the qualities we possess. We will move on to raising awareness of the world around us and all the things for which we should be actively showing our appreciation especially the simple things we tend to take for granted. The children will be reminded that “Thank you” isn’t difficult to say but it means a lot to whoever is giving. We will stress that appreciation shouldn’t just be shown when receiving material gifts but also for friendship, care and support given freely when needed. The importance of appreciating our environment, and showing that appreciation by looking after our surroundings, will feature this month as will showing appreciation for those around us, our families, friends and people in school. A word of appreciation every now and then never goes amiss.

Thought for the month: ‘Life is God’s gift to you. The way you live your life is your gift to God. Make it a fantastic one!’



At home you could make sure that everyone says thank you appropriately. Discuss as a family all the different ways that you can show your appreciation and put them into practice. It soon becomes apparent that expensive gifts are not the only way of saying “Thank you”. You may like to encourage your children to make a thank you card for someone who they appreciate, everyone appreciates something homemade which comes from the heart.