Dunstable North (The Beehive) Sure Start Children's Centre

Westfield Road, Dunstable, LU6 1DW

'Working in harmony with the community'

(Open Mon-Thurs 8.30am-4.30pm, Fri 9.00am-4.00pm)

Timetable of Events – September & October 2017

Opening hours Mon-Thu 8.30am-4.30pm & Fri 9.30am-4.00pm
Email:enquiries@beehivecc.com Telephone: 01582 699092
Or view our Facebook page: Dunstable North - The Beehive Sure Start Children's Centre

BabyBrasseries
Your Baby • Your Milk • You're Welcome

DUNSTABLE TOWN COUNCIL

Making a Difference in Central Bedfordshire

NHS
Essex Partnership University
NHS Foundation Trust

KICK ASH

Sure Start Children's Centres

Central Bedfordshire

CENTRAL BEDFORDSHIRE COLLEGE

THE SALVATION ARMY

Meet The Beehive Children's Centre Team

Michelle Hart (Centre Coordinator)
Michelle manages the day-to-day running of the centre and coordinates the staff to meet the needs of the local community. Michelle is responsible for coordinating services alongside other local agencies and organisations, in order to provide universal early childhood services and support for parents and families from all backgrounds. Michelle plays a key role in the Centre's self-evaluation, strategic planning, monitoring of services and the updating of policies and procedures. Michelle also offers a range of individualized family support work including advice for housing, parenting, adult learning/further education and returning to work.

Emma Tasker (Receptionist and Administrator)
Emma is the first point of contact at The Beehive and deals with a range of matters, including general enquires from all visitors and callers. Emma processes the Centre's registration forms and bookings for activities and also deals with a variety of other clerical duties for the Centre and other members of the team.

Sue Soraghan (Receptionist)
As the Children's Centre Receptionist, Sue is the first point of contact and deals with a range of matters including general enquiries from visitors and callers and the processing of registration forms and bookings for activities.

Katie Soraghan, Katie Jeeves and Gemma Finan (Family Support Workers)
As Family Support Workers, Katie, Katie and Gemma help local families in a variety of ways. Some examples of the kind of support available are: advice for positive parenting and managing children's behaviour, meeting with families face to face, at home or at the Children's Centre, guidance for parents wishing to return to education, employment or training, and running a variety of activities underpinned by the 'Early Years Foundation Stage' (EYFS) to support the learning of children under 5 – socially, emotionally, physically & academically

Kayleigh McAllister (Early Years Worker)
Kayleigh is our newly appointed Early Years Worker. Kayleigh's role will predominantly be supporting the Centre's extended team at sessions such as Chattertots, as well managing the running of our Stay and Playgroups and Crèche provision for some sessions both at The Beehive and in other venues across the community.

Hayley Simmons (Play worker)
Hayley's role is mainly focused around supporting staff, children and parents both at The Beehive and out in the community throughout stay and play sessions and during the Creche provision offered for some of the Centre's groups.

Helen Hircock (Early Years Teacher)
Helen is our Early Years Professional working both here at the Beehive and at Houghton Regis Children's Centre. Helen has a vital role guiding us with planning our Early Years Foundation Stage focused stay and play groups, which is enabling us to help children with school readiness Helen also takes the lead on our ever-popular Forest School sessions.

Kate Eden (Speech & Language therapist)
Kate's role is to support staff and parents at The Beehive to develop language skills for children under five years old. Kate visits some of the Centre's groups to offer advice to parents and also runs sessions on different aspects of communication and ways to help children develop their language skills.

Some of our groups and sessions change regularly according to the needs of the community, venue or staff availability. To ensure you are kept up to date please make sure we have your current email address, postal address and/or telephone number. Email us to enquiries@beehivecc.com Call us on 01582 699092 or pop in to the Centre Monday to Thursday 8.30 am-4.30pm and Friday 9.30am-4.00pm.

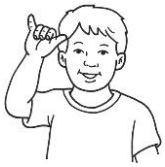
All our sessions are held at 'The Beehive' and are free of charge unless otherwise stated. For booking events, finding out further information regarding any of our activities or to enquire about other exciting sessions that are currently being planned, please just contact our friendly staff on 01582 699092, Monday to Thursday 8.30am – 4.30pm, Friday 9.30am – 4.00pm.

Monday	Tuesday	Wednesday
Bumble Bees Stay & Play group **9.45am-11.15am** A great drop-in session for children aged 0 to 36 months old and their parents/carers. Games, crafts, songs, and lots of fun for everyone! COST: £1.00 per child per session. ***The Salvation Army, Bullpond Lane, Dunstable, LU6 3AH*** **'Moving on to Solids' Baby Led Weaning Talks** **9th October 9.30am-10.30am** A **FREE** session for parents/carers of babies aged between 4 & 6 months old with Information & advice from a local health professional. **BOOKING ESSENTIAL** **Toileting Advisory Talk** **9th October 11.00am -12.00pm** Are you unsure of how to get your child out of nappies and onto a toilet? Then come to our FREE session to get some advice and tips from a local Health Professional. **BOOKING ESSENTIAL** **CACHE L1 Health, Social Care & Early Years 1.00-3.00pm** Central Bedfordshire College will be working alongside our team to run this Level 1 Childcare certificate, term time only. This course is free to those meeting the eligibility criteria. **BOOKING ESSENTIAL** **Creche available** 	 **Chattertots** **10.00am-11.15am** **3rd – 17th October** A FREE three-week group run by our Speech and Language Therapist Kate Eden. Ideal for children aged 16 to 40 months and their parents/carers with lots of useful hints and tips for improving communication speech and language. **BOOKING ESSENTIAL** **'Mark Making'** **12th & 19th September** **10.45am-11.30am** A FREE fun new session with a range of mark making materials for children to explore. Ideal for children aged 12-36 months old. **BOOKING ESSENTIAL** 	**'Pop-in' Clinic** **9.15am-11.15am** **FROM 7th JUNE ONWARDS.** FREE weekly drop-in session. An ideal opportunity for a chat with other parents, a health visitor or children's centre staff. In addition, there is now a self-weighing option available too - with support if needed. **SLING LIBRARY** **10.30-11.30am** **13th September (Fortnightly)** Have you thought about buying a sling for you and baby? Why not come along to our brand new fortnightly 'Sling Library' service starting from 13th September 2017. A great opportunity to get more information, a demonstration and a 'try before you buy' opportunity! **Minimal hire costs apply.** **'Breastfeeding Baby Brasserie'** **10.30am-11.30am** FREE weekly drop-in for mums, dads, & babies offering support and information on breastfeeding your baby. Refreshments provided. **Bump, Birth & Baby Stuff** **6th September - 4th October** **11th October – 8th November** **1.30pm-3.30pm** For those who are 26+ weeks pregnant, this FREE five week course for expectant parents is run by children's centre staff and health professionals. Lots of useful info & advice about pregnancy, birth & babies! **BOOKING ESSENTIAL via the 'Eventbrite' website.**

Thursday

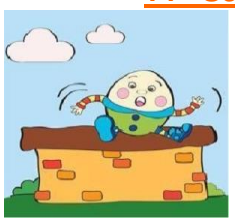
‘Baby Signing’
21st September – 05th October
Or 26th October – 9th November
9.30-10.15

A FREE three week course for parents/carers of babies 6-12 months old to introduce signing in a supportive group setting.



BOOKING ESSENTIAL

Rhyme time 11.00am-11.45am
14th September



Lots of fun songs & rhymes plus musical instructions for children aged 0-12 months old and their parents/carers FREE.

BOOKING ESSENTIAL

‘Autumnal Arts and Crafts’
1.30-2.30pm
14th – 29th September

A FREE three week Autumnal themed course with lots of fun crafts and activities. Ideal for children aged 18 - 36 months and their parents/carers.

BOOKING ESSENTIAL

‘Mini Chefs’
5th - 19th October 1.30- 2.30pm

A three week course for all the budding 2-4 year olds and their parents/carers. Great fun with tips for breakfasts, lunches and dinners, plus healthy eating and budgeting ideas.

Cost £3.00 for the course

BOOKING ESSENTIAL

‘One Stop Parent Shop’
26th October
1.30pm-3.00pm

A one off session with some useful

hints and tips all focussed around positive parenting. Great for families with children aged 2-5 years old.

BOOKING ESSENTIAL
(Crèche available)

Friday

Explorer Bees
9.45am-10.45am

FREE stay & play session for more mobile babies aged approximately 6-12 months old and their parents/carers.

BOOKING ESSENTIAL

(Please see our separate leaflet for details of focussed themed weeks for Baby Bees and Explorer Bees e.g. sensory play & messy play!)

Baby Bees
11.15am-12.15pm

FREE stay & play session – an ideal opportunity for babies under six months old and their parents/carers to get to know each other.

BOOKING ESSENTIAL

‘Teens & Tots’ 12.00pm-1.30pm

Stay & play group for all local young parents under 21 years old and their children. Games, crafts & activities including baby signing, infant massage & messy play. Lunch provided.

Cost: £1 per family per week to help with the cost of food and resources for activities.

The Salvation Army, Bullpond Lane, Dunstable, LU6 3AH

Additional Activities

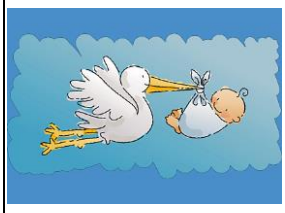
Baby Massage

A five-week infant massage courses run by one of our Family Support Workers and fully qualified Infant Massage Instructors Katie, Gemma and Katie. Great for improving parent and child bonding as well as helping with colic and digestive problems.

PLEASE CONTACT THE CENTRE TO BE ADDED TO THE WAITING LIST FOR FUTURE COURSES

Baby Daze Postnatal Group

A fantastic five-week postnatal course run by Children’s Centre staff. Ideally suited for those with babies 0-3 months old and an excellent way to meet other new parents whilst getting some great hints and advice regarding sleeping, feeding and child development. Plus, there’s tea & cake too!



BOOKING ESSENTIAL

October half term activities will be advertised from the last week of September – do look out for our additional half term leaflet for more information.

Other 'Beehive' news and information …

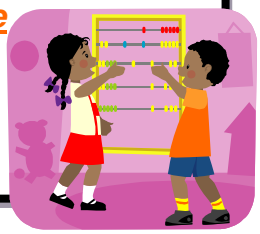
Do you have any questions or need any advice about your child's speech and language, development or school readiness?

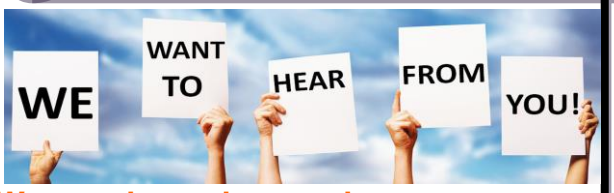
Then why not come along to see our specialist staff at Their relaxed and friendly drop-in sessions as detailed below. No need to book, just call in to see them at the relevant venue.

Our Speech and Language Therapist Kate will be available for any questions and advice during the Bumble Bees stay and play group at the Salvation Army on Mondays 25th September and 23rd October.

Our Early Year's Teacher Helen will be available for advice and a chat at Bumble Bees on Monday 30th October

Do you have a child who is nearly two? Would you like to apply for a two-year-old funded nursery place for 15 hours of free education per week? Then come along to our Centre or any one of our community-based sessions and our friendly staff will give you any advice needed and/or complete the application paperwork for you. PLUS – There is a free gift for each child that has applied via a Children's Centre which is not available from anywhere else!





We are always keen to hear any comments or suggestions from our service users so if you have any feedback about any of the groups or activities that we offer, or that you would like to see on our future timetables, please just speak to a member of staff either at the Centre or whilst attending a session. Your feedback is very important and helps us to offer the most needed services. Alternatively, you can call us on 01582 699092 or send us an email to enquiries@beehivecc.com

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