YES CHEF
Catering Ltd

WEEK 1 MENU

IMPORTANT INFORMATION:

The content of this document is a guide. On occasions menus, ingredients and products may have to be substituted.

Nut-Free Kitchens: Yes Chef do not use any nuts in our menus, or keep nuts in our kitchens. However, we cannot guarantee that the ingredients we get from our suppliers are made in nut-free factories.

Other Allergies: The kitchen areas are carefully cleaned where we prepare allergen meals and we keep all allergy-causing foods separately. However, tiny bits of food can sometimes spread in the kitchen air or through shared equipment. This is called “cross-contamination” and “airborne allergens.” While we do everything we can to minimise this risk, we cannot completely eliminate it and therefore we cannot accept responsibility for airborne allergens.

Yes Chef Catering cannot be held responsible for your child sitting next to another person with a meal that is not allergen free.

We also cannot be responsible if your child eats from another child’s plate or is given food from someone who does not work for Yes Chef Catering.

YES CHEF
Catering Ltd

INGREDIENTS AND ALLERGENS

BREADED COD FILLET

Breaded Cod Fillet (GLUTEN) (FISH)
Skin On Wedges
Peas

THE 14 ALLERGENS:

Celery, Cereals containing gluten (such as wheat, rye, barley, and oats), crustaceans (such as prawns, crabs and lobsters), eggs, fish, lupin, milk, molluscs (such as mussels and oysters), mustard, peanuts, sesame, soybeans, sulphur dioxide and sulphites (and tree nuts (such as almonds, hazelnuts, walnuts, brazil nuts, cashews, pecans, pistachios, and macadamia nuts).

YES CHEF
Catering Ltd

INGREDIENTS AND ALLERGENS

HOT FALAFEL WRAP & GARLIC MAYO

Falafels
Tortilla Wrap
Garlic
Mayonaise (EGG)
Skin on Wedges
Peas

THE 14 ALLERGENS:

Celery, Cereals containing gluten (such as wheat, rye, barley, and oats), crustaceans (such as prawns, crabs and lobsters), eggs, fish, lupin, milk, molluscs (such as mussels and oysters), mustard, peanuts, sesame, soybeans, sulphur dioxide and sulphites (and tree nuts (such as almonds, hazelnuts, walnuts, brazil nuts, cashews, pecans, pistachios, and macadamia nuts).

YES CHEF
Catering Ltd

INGREDIENTS AND ALLERGENS

WATERMELON SLICES

Watermelons

THE 14 ALLERGENS:

Celery, Cereals containing gluten (such as wheat, rye, barley, and oats), crustaceans (such as prawns, crabs and lobsters), eggs, fish, lupin, milk, molluscs (such as mussels and oysters), mustard, peanuts, sesame, soybeans, sulphur dioxide and sulphites (and tree nuts (such as almonds, hazelnuts, walnuts, brazil nuts, cashews, pecans, pistachios, and macadamia nuts).

YES CHEF
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INGREDIENTS AND ALLERGENS

BEEF BOLOGNAISE

Minced Beef
Diced Onions
Grated Carrot
Celery (CELERY)
Garlic Granules
Leeks
Oregano
Salt
Pepper
Paprika
Chopped Tomatoes
Penne Pasta (GLUTEN)
Gluten Free Pasta
Garlic Bread (GLUTEN)

THE 14 ALLERGENS:

Celery, Cereals containing gluten (such as wheat, rye, barley, and oats), crustaceans (such as prawns, crabs and lobsters), eggs, fish, lupin, milk, molluscs (such as mussels and oysters), mustard, peanuts, sesame, soybeans, sulphur dioxide and sulphites (and tree nuts (such as almonds, hazelnuts, walnuts, brazil nuts, cashews, pecans, pistachios, and macadamia nuts).

YES CHEF
Catering Ltd

INGREDIENTS AND ALLERGENS

HALAL LAMB BOLOGNAISE

Halal Lamb Mince
Diced Onions
Grated Carrot
Celery (CELERY)
Garlic Granules
Leeks
Oregano
Salt
Pepper
Paprika
Chopped Tomatoes
Penne Pasta (GLUTEN)
Gluten Free Pasta
Garlic Bread (GLUTEN)

THE 14 ALLERGENS:

Celery, Cereals containing gluten (such as wheat, rye, barley, and oats), crustaceans (such as prawns, crabs and lobsters), eggs, fish, lupin, milk, molluscs (such as mussels and oysters), mustard, peanuts, sesame, soybeans, sulphur dioxide and sulphites (and tree nuts (such as almonds, hazelnuts, walnuts, brazil nuts, cashews, pecans, pistachios, and macadamia nuts).

YES CHEF
Catering Ltd

INGREDIENTS AND ALLERGENS

ROASTED VEGETABLE BOLOGNAISE

Diced Onions
Grated Carrot
Aubergines
Courgetts
Mushrooms
Celery (CELERY)
Garlic Granules
Leeks
Oregano
Salt
Pepper
Paprika
Chopped Tomatoes
Penne Pasta (GLUTEN)
Gluten Free Pasta
Garlic Bread (GLUTEN)

THE 14 ALLERGENS:

Celery, Cereals containing gluten (such as wheat, rye, barley, and oats), crustaceans (such as prawns, crabs and lobsters), eggs, fish, lupin, milk, molluscs (such as mussels and oysters), mustard, peanuts, sesame, soybeans, sulphur dioxide and sulphites (and tree nuts (such as almonds, hazelnuts, walnuts, brazil nuts, cashews, pecans, pistachios, and macadamia nuts).

YES CHEF
Catering Ltd

INGREDIENTS AND ALLERGENS

VANILLA CHEESECAKE

Digestive Biscuits (GLUTEN)
Kerrymaid Baking Blocks
Cheesecake Filling Mix (DAIRY)

THE 14 ALLERGENS:

Celery, Cereals containing gluten (such as wheat, rye, barley, and oats), crustaceans (such as prawns, crabs and lobsters), eggs, fish, lupin, milk, molluscs (such as mussels and oysters), mustard, peanuts, sesame, soybeans, sulphur dioxide and sulphites (and tree nuts (such as almonds, hazelnuts, walnuts, brazil nuts, cashews, pecans, pistachios, and macadamia nuts).

YES CHEF
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INGREDIENTS AND ALLERGENS

ROAST GAMMON

Horseshoe Gammon
Seasoning
Roast Potatoes
Gravy
Yorkshire Puddings (GLUTEN, EGGS & MILK)
Gluten Free Yorkshire Puddings (EGG & MILK)
Mixed Vegetables

YES CHEF
Catering Ltd

INGREDIENTS AND ALLERGENS

ROAST DINNER (HALAL CHICKEN)

Roast Halal Chicken Breast
Seasoning
Roast Potatoes
Gravy
Yorkshire Puddings (GLUTEN, EGGS & MILK)
Gluten Free Yorkshire Puddings (EGG & MILK)
Mixed Vegetables

YES CHEF
Catering Ltd

INGREDIENTS AND ALLERGENS

VEGETABLE WELLINGTON

Puff Pastry (GLUTEN)
Leeks
Carrots
Broccoli
Breadcrumbs (GLUTEN)
Sage
Onion
Roast Potatoes
Gravy
Yorkshire Puddings (EGG, MILK & GLUTEN)
Gluten Free Yorkshire Puddings (EGG & MILK)
Mixed Vegetables

THE 14 ALLERGENS:

Celery, Cereals containing gluten (such as wheat, rye, barley, and oats), crustaceans (such as prawns, crabs and lobsters), eggs, fish, lupin, milk, molluscs (such as mussels and oysters), mustard, peanuts, sesame, soybeans, sulphur dioxide and sulphites (and tree nuts (such as almonds, hazelnuts, walnuts, brazil nuts, cashews, pecans, pistachios, and macadamia nuts).

YES CHEF
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INGREDIENTS AND ALLERGENS

RICE KRISPIE CAKE

Rice Krispie's (GLUTEN)
Kerrymaid Baking Blocks
Golden Syrup
Cocoa Powder

THE 14 ALLERGENS:

Celery, Cereals containing gluten (such as wheat, rye, barley, and oats), crustaceans (such as prawns, crabs and lobsters), eggs, fish, lupin, milk, molluscs (such as mussels and oysters), mustard, peanuts, sesame, soybeans, sulphur dioxide and sulphites (and tree nuts (such as almonds, hazelnuts, walnuts, brazil nuts, cashews, pecans, pistachios, and macadamia nuts).

YES CHEF
Catering Ltd

INGREDIENTS AND ALLERGENS

PORK SAUSAGE & YORSKHIRE PUDDING

Pork Sausages (GLUTEN)
Yorkshire Pudding (GLUTEN) (MILK) (EGGS)
Mash Potato
Sweetcorn
Free From Gravy

THE 14 ALLERGENS:

Celery, Cereals containing gluten (such as wheat, rye, barley, and oats), crustaceans (such as prawns, crabs and lobsters), eggs, fish, lupin, milk, molluscs (such as mussels and oysters), mustard, peanuts, sesame, soybeans, sulphur dioxide and sulphites (and tree nuts (such as almonds, hazelnuts, walnuts, brazil nuts, cashews, pecans, pistachios, and macadamia nuts).

YES CHEF
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INGREDIENTS AND ALLERGENS

HALAL CHICKEN SAUSAGES & YORKSHIRE PUDDING

Halal Chicken Sausages (GLUTEN)
Yorkshire Pudding (GLUTEN) (MILK) (EGGS)
Mash Potato
Sweetcorn
Free From Gravy

THE 14 ALLERGENS:

Celery, Cereals containing gluten (such as wheat, rye, barley, and oats), crustaceans (such as prawns, crabs and lobsters), eggs, fish, lupin, milk, molluscs (such as mussels and oysters), mustard, peanuts, sesame, soybeans, sulphur dioxide and sulphites (and tree nuts (such as almonds, hazelnuts, walnuts, brazil nuts, cashews, pecans, pistachios, and macadamia nuts).

YES CHEF
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INGREDIENTS AND ALLERGENS

VEGAN QUORN SAUSAGES & YORKSHIRE PUDDING

Vegan Quorn Sausages (GLUTEN)
Yorkshire Pudding (GLUTEN) (MILK) (EGGS)
Mash Potato
Sweetcorn
Free From Gravy

THE 14 ALLERGENS:

Celery, Cereals containing gluten (such as wheat, rye, barley, and oats), crustaceans (such as prawns, crabs and lobsters), eggs, fish, lupin, milk, molluscs (such as mussels and oysters), mustard, peanuts, sesame, soybeans, sulphur dioxide and sulphites (and tree nuts (such as almonds, hazelnuts, walnuts, brazil nuts, cashews, pecans, pistachios, and macadamia nuts).

YES CHEF
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INGREDIENTS AND ALLERGENS

FRUIT CRUMBLE & CUSTARD

Oats
Kerrymaid Baking Blocks
Plain Flour
Summer Fruits
Solid Pack Apples
Custard Mix (DAIRY)

THE 14 ALLERGENS:

Celery, Cereals containing gluten (such as wheat, rye, barley, and oats), crustaceans (such as prawns, crabs and lobsters), eggs, fish, lupin, milk, molluscs (such as mussels and oysters), mustard, peanuts, sesame, soybeans, sulphur dioxide and sulphites (and tree nuts (such as almonds, hazelnuts, walnuts, brazil nuts, cashews, pecans, pistachios, and macadamia nuts).

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INGREDIENTS AND ALLERGENS

BATTERED CHICKEN FILLET BURGER

Battered Chicken Steak (GLUTEN,EGG,SOYA)
Breaded Chicken Steak (GLUTEN)
Plain Buns (GLUTEN)
Hash Browns
Homemade Slaw (Eggs)
Gluten Free Chicken Fillet
Gluten Free Bun

THE 14 ALLERGENS:

Celery, Cereals containing gluten (such as wheat, rye, barley, and oats), crustaceans (such as prawns, crabs and lobsters), eggs, fish, lupin, milk, molluscs (such as mussels and oysters), mustard, peanuts, sesame, soybeans, sulphur dioxide and sulphites (and tree nuts (such as almonds, hazelnuts, walnuts, brazil nuts, cashews, pecans, pistachios, and macadamia nuts).

YES CHEF
Catering Ltd

INGREDIENTS AND ALLERGENS

HALAL BATTERED CHICKEN FILLET BURGER

Halal Battered Chicken Steak (GLUTEN,EGG,SOYA)
Halal Breaded Chicken Steak (GLUTEN)
Plain Buns (GLUTEN)
Hash Browns
Homemade Slaw (Eggs)
Gluten Free Chicken Fillet
Gluten Free Bun

THE 14 ALLERGENS:

Celery, Cereals containing gluten (such as wheat, rye, barley, and oats), crustaceans (such as prawns, crabs and lobsters), eggs, fish, lupin, milk, molluscs (such as mussels and oysters), mustard, peanuts, sesame, soybeans, sulphur dioxide and sulphites (and tree nuts (such as almonds, hazelnuts, walnuts, brazil nuts, cashews, pecans, pistachios, and macadamia nuts).

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INGREDIENTS AND ALLERGENS

HALLOUMI &MUSHROOM BURGER

Oumi (DAIRY)
Plain Buns (GLUTEN)
Hash Browns
Homemade Slaw (Eggs)
Gluten Free Bun

THE 14 ALLERGENS:

Celery, Cereals containing gluten (such as wheat, rye, barley, and oats), crustaceans (such as prawns, crabs and lobsters), eggs, fish, lupin, milk, molluscs (such as mussels and oysters), mustard, peanuts, sesame, soybeans, sulphur dioxide and sulphites (and tree nuts (such as almonds, hazelnuts, walnuts, brazil nuts, cashews, pecans, pistachios, and macadamia nuts).

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INGREDIENTS AND ALLERGENS

MILK LOLLY

Vanilla Milk Ice Lolly (DAIRY)

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INGREDIENTS AND ALLERGENS

DAILY SALAD BAR

Carrots
Coleslaw (EGGS, MUSTARD)
Cous Cous (GLUTEN)
Cucumber
Greek Salad – Sunflower or Rapeseed oil, Tomatoes, Cucumber, Peppers, Lemon Juice, Oregano
Lettuce
Mixed salad
Pasta (GLUTEN)
Pasta with Garlic, Vegetable Oil & Seasoning (GLUTEN)
Peppers
Potato Salad with Mayonnaise (EGGS & MUSTARD)
Rice Salad
Sugar Snap Peas
Sweetcorn
Tuna Mayonnaise Pasta (GLUTEN, EGGS, FISH & MUSTARD)

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WEEK 2 MENU

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INGREDIENTS AND ALLERGENS

ROASTED TOMATO, MEDITERRANEAN VEGETABLE SAUCE & PASTA TWISTS

Tomatoes
Aubergines
Red Onion
Corgettes
Peppers
Chopped Tomatoes
Basil
Garlic Granules
Fusili Pasta (GLUTEN)
Free From Gluten Pasta

Greek Salad

THE 14 ALLERGENS:

Celery, Cereals containing gluten (such as wheat, rye, barley, and oats), crustaceans (such as prawns, crabs and lobsters), eggs, fish, lupin, milk, molluscs (such as mussels and oysters), mustard, peanuts, sesame, soybeans, sulphur dioxide and sulphites (and tree nuts (such as almonds, hazelnuts, walnuts, brazil nuts, cashews, pecans, pistachios, and macadamia nuts).

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INGREDIENTS AND ALLERGENS

MOUSSE

G/F Strawberry Mousse (DAIRY)
G/F Chocolate Mousse (DAIRY)
G/F Banana Mousse (DAIRY)

THE 14 ALLERGENS:

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YES CHEF
Catering Ltd

INGREDIENTS AND ALLERGENS

COWBOY BEEF & BEAN CHILLI

Beef Mince
Diced Onions
Diced peppers
Paprika
Crushed Chillies
Fajita Seasoning
Chopped Tomatoes
Baked Beans
Seasoning
Gravy
Savoury Rice

THE 14 ALLERGENS:

Celery, Cereals containing gluten (such as wheat, rye, barley, and oats), crustaceans (such as prawns, crabs and lobsters), eggs, fish, lupin, milk, molluscs (such as mussels and oysters), mustard, peanuts, sesame, soybeans, sulphur dioxide and sulphites (and tree nuts (such as almonds, hazelnuts, walnuts, brazil nuts, cashews, pecans, pistachios, and macadamia nuts).

YES CHEF
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INGREDIENTS AND ALLERGENS

HALAL COWBOY LAMB & BEAN CHILLI

Halal Lamb Mince
Diced Onions
Diced peppers
Paprika
Crushed Chillies
Fajita Seasoning
Chopped Tomatoes
Baked Beans
Seasoning
Gravy
Savoury Rice

THE 14 ALLERGENS:

Celery, Cereals containing gluten (such as wheat, rye, barley, and oats), crustaceans (such as prawns, crabs and lobsters), eggs, fish, lupin, milk, molluscs (such as mussels and oysters), mustard, peanuts, sesame, soybeans, sulphur dioxide and sulphites (and tree nuts (such as almonds, hazelnuts, walnuts, brazil nuts, cashews, pecans, pistachios, and macadamia nuts).

YES CHEF
Catering Ltd

INGREDIENTS AND ALLERGENS

COWBOY FIVE BEAN CHILLI

Diced Onions
Diced peppers
Paprika
Crushed Chillies
Fajita Seasoning
Chopped Tomatoes
Baked Beans
Five Bean Salad
Seasoning
Gravy
Savoury Rice

THE 14 ALLERGENS:

Celery, Cereals containing gluten (such as wheat, rye, barley, and oats), crustaceans (such as prawns, crabs and lobsters), eggs, fish, lupin, milk, molluscs (such as mussels and oysters), mustard, peanuts, sesame, soybeans, sulphur dioxide and sulphites (and tree nuts (such as almonds, hazelnuts, walnuts, brazil nuts, cashews, pecans, pistachios, and macadamia nuts).

YES CHEF
Catering Ltd

INGREDIENTS AND ALLERGENS

CHOCOLATE BROWNIE

Chocolate Brownie Mix (GLUTEN & EGG)

THE 14 ALLERGENS:

Celery, Cereals containing gluten (such as wheat, rye, barley, and oats), crustaceans (such as prawns, crabs and lobsters), eggs, fish, lupin, milk, molluscs (such as mussels and oysters), mustard, peanuts, sesame, soybeans, sulphur dioxide and sulphites (and tree nuts (such as almonds, hazelnuts, walnuts, brazil nuts, cashews, pecans, pistachios, and macadamia nuts).

YES CHEF
Catering Ltd

INGREDIENTS AND ALLERGENS

ROAST PORK DINNER

Roast Pork
Roast Potatoes
Gravy
Stuffing (GLUTEN)
Mixed Vegetables

THE 14 ALLERGENS:

Celery, Cereals containing gluten (such as wheat, rye, barley, and oats), crustaceans (such as prawns, crabs and lobsters), eggs, fish, lupin, milk, molluscs (such as mussels and oysters), mustard, peanuts, sesame, soybeans, sulphur dioxide and sulphites (and tree nuts (such as almonds, hazelnuts, walnuts, brazil nuts, cashews, pecans, pistachios, and macadamia nuts).

YES CHEF
Catering Ltd

INGREDIENTS AND ALLERGENS

HALAL ROAST CHICKEN DINNER

Halal Roast Chicken
Roast Potatoes
Gravy
Stuffing (GLUTEN)
Mixed Vegetables

THE 14 ALLERGENS:

Celery, Cereals containing gluten (such as wheat, rye, barley, and oats), crustaceans (such as prawns, crabs and lobsters), eggs, fish, lupin, milk, molluscs (such as mussels and oysters), mustard, peanuts, sesame, soybeans, sulphur dioxide and sulphites (and tree nuts (such as almonds, hazelnuts, walnuts, brazil nuts, cashews, pecans, pistachios, and macadamia nuts).

YES CHEF
Catering Ltd

INGREDIENTS AND ALLERGENS

QUORN VEGETARIAN ROAST

Quorn Vegetarian Roast (EGG & MILK)
Roast Potatoes
Gravy
Stuffing (GLUTEN)
Mixed Vegetables

THE 14 ALLERGENS:

Celery, Cereals containing gluten (such as wheat, rye, barley, and oats), crustaceans (such as prawns, crabs and lobsters), eggs, fish, lupin, milk, molluscs (such as mussels and oysters), mustard, peanuts, sesame, soybeans, sulphur dioxide and sulphites (and tree nuts (such as almonds, hazelnuts, walnuts, brazil nuts, cashews, pecans, pistachios, and macadamia nuts).

YES CHEF
Catering Ltd

INGREDIENTS AND ALLERGENS

FRUIT PLATTERS

Watermelon
Honeydew Melon
Large Oranges
Pineapple
Plums
Kiwi
Red Grapes
Green Grapes

THE 14 ALLERGENS:

Celery, Cereals containing gluten (such as wheat, rye, barley, and oats), crustaceans (such as prawns, crabs and lobsters), eggs, fish, lupin, milk, molluscs (such as mussels and oysters), mustard, peanuts, sesame, soybeans, sulphur dioxide and sulphites (and tree nuts (such as almonds, hazelnuts, walnuts, brazil nuts, cashews, pecans, pistachios, and macadamia nuts).

YES CHEF
Catering Ltd

INGREDIENTS AND ALLERGENS

YES CHEF CHICKEN CURRY

Chicken Breast Diced
Curry Powder
Garlic Granules
Paprika
Diced Onions
Red lentils
Chopped Tomatoes
Coconut Milk
Stock
Seasoning
Sugar
Basmati Rice
Nann Bread (GLUTEN)

THE 14 ALLERGENS:

Celery, Cereals containing gluten (such as wheat, rye, barley, and oats), crustaceans (such as prawns, crabs and lobsters), eggs, fish, lupin, milk, molluscs (such as mussels and oysters), mustard, peanuts, sesame, soybeans, sulphur dioxide and sulphites (and tree nuts (such as almonds, hazelnuts, walnuts, brazil nuts, cashews, pecans, pistachios, and macadamia nuts).

YES CHEF
Catering Ltd

INGREDIENTS AND ALLERGENS

YES CHEF HALAL CHICKEN CURRY

Halal Chicken Breast Diced
Curry Powder
Garlic Granules
Paprika
Diced Onions
Red lentils
Chopped Tomatoes
Coconut Milk
Stock
Seasoning
Sugar
Basmati Rice
Naan Bread (GLUTEN)

THE 14 ALLERGENS:

Celery, Cereals containing gluten (such as wheat, rye, barley, and oats), crustaceans (such as prawns, crabs and lobsters), eggs, fish, lupin, milk, molluscs (such as mussels and oysters), mustard, peanuts, sesame, soybeans, sulphur dioxide and sulphites (and tree nuts (such as almonds, hazelnuts, walnuts, brazil nuts, cashews, pecans, pistachios, and macadamia nuts).

YES CHEF
Catering Ltd

INGREDIENTS AND ALLERGENS

YES CHEF VEGETABLE CURRY

Cauliflower
Sweet Potato
Mushrooms
Curry Powder
Garlic Granules
Paprika
Diced Onions
Red lentils
Chopped Tomatoes
Coconut Milk
Stock
Seasoning
Sugar
Basmati Rice
Naan Bread (GLUTEN)

THE 14 ALLERGENS:

Celery, Cereals containing gluten (such as wheat, rye, barley, and oats), crustaceans (such as prawns, crabs and lobsters), eggs, fish, lupin, milk, molluscs (such as mussels and oysters), mustard, peanuts, sesame, soybeans, sulphur dioxide and sulphites (and tree nuts (such as almonds, hazelnuts, walnuts, brazil nuts, cashews, pecans, pistachios, and macadamia nuts).

YES CHEF
Catering Ltd

INGREDIENTS AND ALLERGENS

LEMON DRIZZLE CAKE

Self Raising Flour (GLUTEN)
Dairy Free Butter
Granulated Sugar
Baking Powder
Eggs (EGG)
Icing Sugar
Lemons

THE 14 ALLERGENS:

Celery, Cereals containing gluten (such as wheat, rye, barley, and oats), crustaceans (such as prawns, crabs and lobsters), eggs, fish, lupin, milk, molluscs (such as mussels and oysters), mustard, peanuts, sesame, soybeans, sulphur dioxide and sulphites (and tree nuts (such as almonds, hazelnuts, walnuts, brazil nuts, cashews, pecans, pistachios, and macadamia nuts).

YES CHEF
Catering Ltd

INGREDIENTS AND ALLERGENS

AMERICAN PORK HOT DOG

Pork Hot dogs
Hotdog Roll (GLUTEN)
Gluten Free Roll
Herby Diced Potatoes
Baked Beans

THE 14 ALLERGENS:

Celery, Cereals containing gluten (such as wheat, rye, barley, and oats), crustaceans (such as prawns, crabs and lobsters), eggs, fish, lupin, milk, molluscs (such as mussels and oysters), mustard, peanuts, sesame, soybeans, sulphur dioxide and sulphites (and tree nuts (such as almonds, hazelnuts, walnuts, brazil nuts, cashews, pecans, pistachios, and macadamia nuts).

YES CHEF
Catering Ltd

INGREDIENTS AND ALLERGENS

HALAL BEEF HOT DOG

Halal Turkey Hot dogs
Hotdog Roll (GLUTEN)
Gluten Free Roll
Herby Diced Potatoes
Baked Beans

THE 14 ALLERGENS:

Celery, Cereals containing gluten (such as wheat, rye, barley, and oats), crustaceans (such as prawns, crabs and lobsters), eggs, fish, lupin, milk, molluscs (such as mussels and oysters), mustard, peanuts, sesame, soybeans, sulphur dioxide and sulphites (and tree nuts (such as almonds, hazelnuts, walnuts, brazil nuts, cashews, pecans, pistachios, and macadamia nuts).

YES CHEF
Catering Ltd

INGREDIENTS AND ALLERGENS

VEGAN HOT DOG

Quorn Vegan Hot dogs (GLUTEN)
Hotdog Roll (GLUTEN)
Herby Diced Potatoes
Baked Beans

THE 14 ALLERGENS:

Celery, Cereals containing gluten (such as wheat, rye, barley, and oats), crustaceans (such as prawns, crabs and lobsters), eggs, fish, lupin, milk, molluscs (such as mussels and oysters), mustard, peanuts, sesame, soybeans, sulphur dioxide and sulphites (and tree nuts (such as almonds, hazelnuts, walnuts, brazil nuts, cashews, pecans, pistachios, and macadamia nuts).

YES CHEF
Catering Ltd

INGREDIENTS AND ALLERGENS

JELLY

Raspberry Jelly Crystals
Strawberry Jelly Crystals
Orange Jelly Crystals

Gelatin Free Jelly

THE 14 ALLERGENS:

Celery, Cereals containing gluten (such as wheat, rye, barley, and oats), crustaceans (such as prawns, crabs and lobsters), eggs, fish, lupin, milk, molluscs (such as mussels and oysters), mustard, peanuts, sesame, soybeans, sulphur dioxide and sulphites (and tree nuts (such as almonds, hazelnuts, walnuts, brazil nuts, cashews, pecans, pistachios, and macadamia nuts).

YES CHEF
Catering Ltd

INGREDIENTS AND ALLERGENS

DAILY SALAD BAR

Carrots
Coleslaw (EGGS & MUSTARD)
Cous Cous (GLUTEN)
Cucumber
Greek Salad – Sunflower or Rapeseed oil, Tomatoes, Cucumber, Peppers, Lemon Juice, Oregano
Lettuce
Mixed salad
Pasta (GLUTEN)
Pasta with Garlic, Vegetable Oil & Seasoning (GLUTEN)
Peppers
Potato Salad with Mayonnaise (EGGS & MUSTARD)
Rice Salad
Sugar Snap Peas
Sweetcorn
Tuna Mayonnaise Pasta (GLUTEN, EGGS, FISH & MUSTARD)

THE 14 ALLERGENS:

Celery, Cereals containing gluten (such as wheat, rye, barley, and oats), crustaceans (such as prawns, crabs and lobsters), eggs, fish, lupin, milk, molluscs (such as mussels and oysters), mustard, peanuts, sesame, soybeans, sulphur dioxide and sulphites (and tree nuts (such as almonds, hazelnuts, walnuts, brazil nuts, cashews, pecans, pistachios, and macadamia nuts).

YES CHEF
Catering Ltd

WEEK 3 MENU

IMPORTANT INFORMATION:

The content of this document is a guide. On occasions menus, ingredients and products may have to be substituted.

Nut-Free Kitchens: Yes Chef do not use any nuts in our menus, or keep nuts in our kitchens. However, we cannot guarantee that the ingredients we get from our suppliers are made in nut-free factories.

Other Allergies: The kitchen areas are carefully cleaned where we prepare allergen meals and we keep all allergy-causing foods separately. However, tiny bits of food can sometimes spread in the kitchen air or through shared equipment. This is called “cross-contamination” and “airborne allergens.” While we do everything we can to minimise this risk, we cannot completely eliminate it and therefore we cannot accept responsibility for airborne allergens.

Yes Chef Catering cannot be held responsible for your child sitting next to another person with a meal that is not allergen free.

We also cannot be responsible if your child eats from another child’s plate or is given food from someone who does not work for Yes Chef Catering.

YES CHEF
Catering Ltd

INGREDIENTS AND ALLERGENS

JACKET POTATO (WITH BOTH HOT & COLD FILLINGS)

Jacket Potato
Tuna Mayo (FISH &EGGS)
Homemade Slaw (EGGS)
Grated Cheese (MILK)
Baked Beans
Mixed Salad
Hot Topping

THE 14 ALLERGENS:

Celery, Cereals containing gluten (such as wheat, rye, barley, and oats), crustaceans (such as prawns, crabs and lobsters), eggs, fish, lupin, milk, molluscs (such as mussels and oysters), mustard, peanuts, sesame, soybeans, sulphur dioxide and sulphites (and tree nuts (such as almonds, hazelnuts, walnuts, brazil nuts, cashews, pecans, pistachios, and macadamia nuts).

YES CHEF
Catering Ltd

INGREDIENTS AND ALLERGENS

MACARONI CHEESE WITH PETIT PAIN

Macaroni Pasta (GLUTEN & MILK)
Cheese Sauce (MILK)
Grated Cheese (MILK)
Petit Pain Roll (GLUTEN)
Mixed Salad

THE 14 ALLERGENS:

Celery, Cereals containing gluten (such as wheat, rye, barley, and oats), crustaceans (such as prawns, crabs and lobsters), eggs, fish, lupin, milk, molluscs (such as mussels and oysters), mustard, peanuts, sesame, soybeans, sulphur dioxide and sulphites (and tree nuts (such as almonds, hazelnuts, walnuts, brazil nuts, cashews, pecans, pistachios, and macadamia nuts).

YES CHEF
Catering Ltd

INGREDIENTS AND ALLERGENS

FRUIT YOGURT

Mixed Fruit Creamy Yogurt (DAIRY)

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THE 14 ALLERGENS:

Celery, Cereals containing gluten (such as wheat, rye, barley, and oats), crustaceans (such as prawns, crabs and lobsters), eggs, fish, lupin, milk, molluscs (such as mussels and oysters), mustard, peanuts, sesame, soybeans, sulphur dioxide and sulphites (and tree nuts (such as almonds, hazelnuts, walnuts, brazil nuts, cashews, pecans, pistachios, and macadamia nuts).

YES CHEF
Catering Ltd

INGREDIENTS AND ALLERGENS

KATSU CHICKEN CURRY

Breaded Chicken Steak (GLUTEN)
Curry Powder
Garlic Granules
Paprika
Diced Onions
Grated Carrot
Coconut Milk
Stock
Seasoning
Sugar
Basmati Rice

THE 14 ALLERGENS:

Celery, Cereals containing gluten (such as wheat, rye, barley, and oats), crustaceans (such as prawns, crabs and lobsters), eggs, fish, lupin, milk, molluscs (such as mussels and oysters), mustard, peanuts, sesame, soybeans, sulphur dioxide and sulphites (and tree nuts (such as almonds, hazelnuts, walnuts, brazil nuts, cashews, pecans, pistachios, and macadamia nuts).

YES CHEF
Catering Ltd

INGREDIENTS AND ALLERGENS

HALAL KATSU CURRY

Halal Breaded Chicken Steak (GLUTEN)
Curry Powder
Garlic Granules
Paprika
Diced Onions
Grated Carrot
Coconut Milk
Stock
Seasoning
Sugar
Basmati Rice

THE 14 ALLERGENS:

Celery, Cereals containing gluten (such as wheat, rye, barley, and oats), crustaceans (such as prawns, crabs and lobsters), eggs, fish, lupin, milk, molluscs (such as mussels and oysters), mustard, peanuts, sesame, soybeans, sulphur dioxide and sulphites (and tree nuts (such as almonds, hazelnuts, walnuts, brazil nuts, cashews, pecans, pistachios, and macadamia nuts).

YES CHEF
Catering Ltd

INGREDIENTS AND ALLERGENS

VEGGIE KATSU CURRY

Veggie Burger (GLUTEN)
Curry Powder
Garlic Granules
Paprika
Diced Onions
Grated Carrot
Coconut Milk
Stock
Seasoning
Sugar
Basmati Rice

THE 14 ALLERGENS:

Celery, Cereals containing gluten (such as wheat, rye, barley, and oats), crustaceans (such as prawns, crabs and lobsters), eggs, fish, lupin, milk, molluscs (such as mussels and oysters), mustard, peanuts, sesame, soybeans, sulphur dioxide and sulphites (and tree nuts (such as almonds, hazelnuts, walnuts, brazil nuts, cashews, pecans, pistachios, and macadamia nuts).

YES CHEF
Catering Ltd

INGREDIENTS AND ALLERGENS

CARROT CAKE

Self Raising Flour
Granulated Sugar
Brown Sugar
Eggs (EGG)
Kerrymaid Baking Blocks
Carrots
Cinnamon

THE 14 ALLERGENS:

Celery, Cereals containing gluten (such as wheat, rye, barley, and oats), crustaceans (such as prawns, crabs and lobsters), eggs, fish, lupin, milk, molluscs (such as mussels and oysters), mustard, peanuts, sesame, soybeans, sulphur dioxide and sulphites (and tree nuts (such as almonds, hazelnuts, walnuts, brazil nuts, cashews, pecans, pistachios, and macadamia nuts).

YES CHEF
Catering Ltd

INGREDIENTS AND ALLERGENS

ROAST DINNER- CHICKEN

Roast Chicken
Roast Potatoes
Gravy
Yorkshire Puddings (EGG, MILK & GLUTEN)
Gluten Free Yorkshire Pudding (MILK & EGG)
Mixed Vegetables

THE 14 ALLERGENS:

Celery, Cereals containing gluten (such as wheat, rye, barley, and oats), crustaceans (such as prawns, crabs and lobsters), eggs, fish, lupin, milk, molluscs (such as mussels and oysters), mustard, peanuts, sesame, soybeans, sulphur dioxide and sulphites (and tree nuts (such as almonds, hazelnuts, walnuts, brazil nuts, cashews, pecans, pistachios, and macadamia nuts).

YES CHEF
Catering Ltd

INGREDIENTS AND ALLERGENS

ROAST DINNER- HALAL CHICKEN

Halal Roast Chicken
Roast Potatoes
Gravy
Yorkshire Puddings (EGG, MILK & GLUTEN)
Gluten Free Yorkshire Pudding (MILK & EGG)
Mixed Vegetables

THE 14 ALLERGENS:

Celery, Cereals containing gluten (such as wheat, rye, barley, and oats), crustaceans (such as prawns, crabs and lobsters), eggs, fish, lupin, milk, molluscs (such as mussels and oysters), mustard, peanuts, sesame, soybeans, sulphur dioxide and sulphites (and tree nuts (such as almonds, hazelnuts, walnuts, brazil nuts, cashews, pecans, pistachios, and macadamia nuts).

YES CHEF
Catering Ltd

INGREDIENTS AND ALLERGENS

VEGETABLE CRUMBLE

Leeks
Carrots
Broccoli
Breadcrumbs (GLUTEN)
Sage
Onion
Cheese Sauce (DAIRY)
Oats (GLUTEN)
Roast Potatoes
Gravy
Yorkshire Puddings (EGG, MILK & GLUTEN)
Gluten Free Yorkshire Puddings (EGG & MILK)
Mixed Vegetables

THE 14 ALLERGENS:

Celery, Cereals containing gluten (such as wheat, rye, barley, and oats), crustaceans (such as prawns, crabs and lobsters), eggs, fish, lupin, milk, molluscs (such as mussels and oysters), mustard, peanuts, sesame, soybeans, sulphur dioxide and sulphites (and tree nuts (such as almonds, hazelnuts, walnuts, brazil nuts, cashews, pecans, pistachios, and macadamia nuts).

YES CHEF
Catering Ltd

INGREDIENTS AND ALLERGENS

FRUIT FLAPJACK

Oats (GLUTEN)
Kerrymaid Baking Blocks
Golden Syrup
Cranberries
Raisins

THE 14 ALLERGENS:

Celery, Cereals containing gluten (such as wheat, rye, barley, and oats), crustaceans (such as prawns, crabs and lobsters), eggs, fish, lupin, milk, molluscs (such as mussels and oysters), mustard, peanuts, sesame, soybeans, sulphur dioxide and sulphites (and tree nuts (such as almonds, hazelnuts, walnuts, brazil nuts, cashews, pecans, pistachios, and macadamia nuts).

YES CHEF
Catering Ltd

INGREDIENTS AND ALLERGENS

PORK SAUSAGE PLAIT

Pork Sausage Meat (GLUTEN, SOYA & SULPHITES)
Puff Pastry (GLUTEN)
Herby Diced Potatoes
Baby Carrots
Diced Swede
Sweetcorn
Seasoning
Oil
Gravy
Gluten Free Sausages
Gluten Free Pastry

THE 14 ALLERGENS:

Celery, Cereals containing gluten (such as wheat, rye, barley, and oats), crustaceans (such as prawns, crabs and lobsters), eggs, fish, lupin, milk, molluscs (such as mussels and oysters), mustard, peanuts, sesame, soybeans, sulphur dioxide and sulphites (and tree nuts (such as almonds, hazelnuts, walnuts, brazil nuts, cashews, pecans, pistachios, and macadamia nuts).

YES CHEF
Catering Ltd

INGREDIENTS AND ALLERGENS

HALAL LAMB PLAIT

Halal Lamb Mince
Onions
Puff Pastry (GLUTEN)
Herby Diced Potatoes
Baby Carrots
Diced Swede
Sweetcorn
Seasoning
Oil
Gravy
Gluten Free Sausages
Gluten Free Pastry

THE 14 ALLERGENS:

Celery, Cereals containing gluten (such as wheat, rye, barley, and oats), crustaceans (such as prawns, crabs and lobsters), eggs, fish, lupin, milk, molluscs (such as mussels and oysters), mustard, peanuts, sesame, soybeans, sulphur dioxide and sulphites (and tree nuts (such as almonds, hazelnuts, walnuts, brazil nuts, cashews, pecans, pistachios, and macadamia nuts).

YES CHEF
Catering Ltd

INGREDIENTS AND ALLERGENS

CHEESE & ONION PASTIE

Cheese & Onion Bake (GLUTEN & MILK)
Herby Diced Potatoes
Baby Carrots
Diced Swede
Sweetcorn
Seasoning
Oil
Gravy

THE 14 ALLERGENS:

Celery, Cereals containing gluten (such as wheat, rye, barley, and oats), crustaceans (such as prawns, crabs and lobsters), eggs, fish, lupin, milk, molluscs (such as mussels and oysters), mustard, peanuts, sesame, soybeans, sulphur dioxide and sulphites (and tree nuts (such as almonds, hazelnuts, walnuts, brazil nuts, cashews, pecans, pistachios, and macadamia nuts).

YES CHEF
Catering Ltd

INGREDIENTS AND ALLERGENS

CHOCOLATE CAKE & CHOCOLATE SAUCE

Self Raising Flour (GLUTEN)
Dark Brown Sugar
Dairy Free Butter
Cocoa Powder
Caster Sugar
Baking Powder
Eggs (EGG)
Cusard Mix (MILK)
Cream (MILK)

THE 14 ALLERGENS:

Celery, Cereals containing gluten (such as wheat, rye, barley, and oats), crustaceans (such as prawns, crabs and lobsters), eggs, fish, lupin, milk, molluscs (such as mussels and oysters), mustard, peanuts, sesame, soybeans, sulphur dioxide and sulphites (and tree nuts (such as almonds, hazelnuts, walnuts, brazil nuts, cashews, pecans, pistachios, and macadamia nuts).

YES CHEF
Catering Ltd

INGREDIENTS AND ALLERGENS

PEPPERONI PIZZA

Thin n Cripsy Pizza Base (GLUTEN)
Analogue Cheese (DAIRY)
Pizza Sauce
Pepperoni
Double Crunch Wedges
Corn

Gluten Free Pizza (MILK)
MILK Free Pizza (GLUTEN)
Sweetcorn

THE 14 ALLERGENS:

Celery, Cereals containing gluten (such as wheat, rye, barley, and oats), crustaceans (such as prawns, crabs and lobsters), eggs, fish, lupin, milk, molluscs (such as mussels and oysters), mustard, peanuts, sesame, soybeans, sulphur dioxide and sulphites (and tree nuts (such as almonds, hazelnuts, walnuts, brazil nuts, cashews, pecans, pistachios, and macadamia nuts).

YES CHEF
Catering Ltd

INGREDIENTS AND ALLERGENS

MARGHERITA PIZZA

Thin n Cripsy Pizza Base (GLUTEN)
Analogue Cheese (DAIRY)
Pizza Sauce
Double Crunch Wedges
Corn

Gluten Free Pizza (MILK)
MILK Free Pizza (GLUTEN)
Sweetcorn

THE 14 ALLERGENS:

Celery, Cereals containing gluten (such as wheat, rye, barley, and oats), crustaceans (such as prawns, crabs and lobsters), eggs, fish, lupin, milk, molluscs (such as mussels and oysters), mustard, peanuts, sesame, soybeans, sulphur dioxide and sulphites (and tree nuts (such as almonds, hazelnuts, walnuts, brazil nuts, cashews, pecans, pistachios, and macadamia nuts).

YES CHEF
Catering Ltd

INGREDIENTS AND ALLERGENS

COOKIE

Plain Cookie Mix (GLUTEN) (DAIRY) (EGGS)

Free From Cookies
Gluten free flour
Kerrymaid Baking Blocks
Baking Powder
Eggs (EGG)
Sugar
Vanilla Essence

THE 14 ALLERGENS:

Celery, Cereals containing gluten (such as wheat, rye, barley, and oats), crustaceans (such as prawns, crabs and lobsters), eggs, fish, lupin, milk, molluscs (such as mussels and oysters), mustard, peanuts, sesame, soybeans, sulphur dioxide and sulphites (and tree nuts (such as almonds, hazelnuts, walnuts, brazil nuts, cashews, pecans, pistachios, and macadamia nuts).

YES CHEF
Catering Ltd

INGREDIENTS AND ALLERGENS

DAILY SALAD BAR

Carrots
Coleslaw (EGGS & MUSTARD)
Cous Cous (GLUTEN)
Cucumber
Greek Salad – Sunflower or Rapeseed oil, Tomatoes, Cucumber, Peppers, Lemon Juice, Oregano
Lettuce
Mixed salad
Pasta (GLUTEN)
Pasta with Garlic, Vegetable Oil & Seasoning (GLUTEN)
Peppers
Potato Salad with Mayonnaise (EGGS & MUSTARD)
Rice Salad
Sugar Snap Peas
Sweetcorn
Tuna Mayonnaise Pasta (GLUTEN, EGGS, FISH & MUSTARD)

THE 14 ALLERGENS:

Celery, Cereals containing gluten (such as wheat, rye, barley, and oats), crustaceans (such as prawns, crabs and lobsters), eggs, fish, lupin, milk, molluscs (such as mussels and oysters), mustard, peanuts, sesame, soybeans, sulphur dioxide and sulphites (and tree nuts (such as almonds, hazelnuts, walnuts, brazil nuts, cashews, pecans, pistachios, and macadamia nuts).