



## Ashton St. Peter's Church of England Voluntary Aided Primary School

### Physical Education Policy

Ratified in April 2015

Update in April 2018

#### Rationale

We believe PE is important because children should enjoy being involved in physical activity as well as developing their understanding of the importance of being healthy. Additionally PE will be used as a tool to develop self esteem, social skills and to improve behaviour. Pupils will have the opportunity to be involved in a range of activities during PE lessons and OSHL, including lunch-times.

We hope that children will develop their enjoyment of physical activity through joining community clubs and engaging in physical activity through to adult life.

#### Aims

1. To develop physical competence.
2. To establish self esteem.
3. To promote fair play
4. To encourage enthusiasm.
5. To improve and maintain fitness.
6. To co-operate within a game situation

#### Outcomes of PE & Sport

These are the outcomes we expect the children to achieve through PE and Physical Activity.

- To take part in a minimum of 2 hours quality PE and sport each week.
- To know and understand what they are trying to achieve.
- To have the skills and control that they need to take part.
- To be able to make decisions related to what they are doing.
- To willingly take part in a range of PE and sport-related OSHL activities.
- To take part in physical activity during break or lunchtimes.
- To be encouraged to take part in physical activity at home.
- To show a desire to improve their own level of performance.

- To show commitment to PE, school and sport.
- To have the confidence to get involved in PE, sport and school activities.
- To enjoy PE, sport and school.
- To demonstrate better behaviour during break and lunch times.
- To have better social and team work skills.
- To have greater self esteem.

### **Teaching & Learning**

KS1 & KS2 participate in two hours of 'Quality Physical Education' each week.

This will cover the National Curriculum objectives with Key Stage 1 participating in Dance, Gymnastics and Games; and Key Stage 2 participating in Dance, Gymnastics, Games and Outdoors and Adventurous Activities (see attached PE overview).

The class teachers will follow QCA objectives with input from some Val Sabian schemes of work. The sessions will be taught to whole classes by their own class teacher and within the lesson there will be opportunities for individual, paired and group work.

In Reception class, the teacher will follow the guidelines from the Foundation Stage. Teachers will encourage all children to participate where possible and try to engage any children with injuries to be involved in tasks such as refereeing.

Teachers will differentiate within lessons to support any children with SEN or gifted & talented children, ensuring that each child can take part and group the children effectively to support the different needs in the class. Resources will be changed, when necessary, to support any needs in the lesson.

### **Sports Premium Funding**

Our school has been allocated Sport Premium Funding on the basis of an amount for each school and an amount per primary aged pupil as identified in the census for January 2014. This grant enables us to provide specialists and coaches to teach the children high quality PE lessons allowing them to access a broad range of skills and PE resources both inside and outside.

Members of staff are provided with lesson plans and resources to support sustainability of provision long term, ensuring the children continue challenging age appropriate access to high quality sports.

### **Cross-Curricular Links**

Some links will be made between PE and other curriculum areas.

- In ICT children will photograph other children during PE, and also use video cameras to record performances.
- In Science 'Healthy Eating' topics and 'Ourselves' topics across Foundation, Key Stage 1 & 2 will also cover keeping healthy and the importance of fitness.

## **Physical Activity outside of P.E. lessons**

Children are encouraged to participate in physical activity through promoting walk to school weeks and participating in activities such as Sport Relief.

During lunch times the children have the opportunity to participate in physical activity through the 'zoning system'. The Midday Supervisors arrange different areas for different activities. This can involve a netball area; traditional playtime games; target areas for throwing/aiming as well as a range of equipment for the children to use e.g. balls, stilts, skipping ropes.

## **Out of School Sports Activities**

Throughout the year, various coaches contact the school through the Schools Sport Partnership and independent providers, to teach various sports/skills such as fencing, rugby, football. Activities are arranged between the PE Subject Leader and the SSCO.

## **Assessment, Recording and Reporting**

Assessment will be set within the context of the National Curriculum attainment targets. When using a QCA unit the expectations section can also help with this assessment. It will be expected that by the end of Key Stage 1, the majority of pupils will have attained Level 2 and by the end of Year 4, Level 3. The teachers will record children who exceed expectations and those who have not met expectations yet at the end of each unit (each half term/term) and provide this information to the PE co-ordinator.

A written comment on P.E. will be given in the end of year report to parents as well as any necessary discussions at parent consultations during the Autumn and Spring Term.

## **Resources**

Inventory attached with list of resources for P.E. and Physical Activity.

## **Health & Safety**

All teachers will ensure that the following rules are followed:

- No jewellery to be worn in PE lessons.
- Children will wear the correct kit for activity and, when in the hall, to usually be in bare feet and always for dance and gymnastics.
- Teachers will assess the conditions of the area for P.E. and ensure it is safe.
- Teachers will set boundaries and rules with the class and children will understand the sign/sound which means stop.
- Long hair to be tied up for PE lessons.
- No tights to be worn in PE lessons.

## **Review Procedures**

The School's policy will be reviewed when:

- Three Years have lapsed
- A new Co-ordinator is appointed
- There has been a significant change in staffing or pupil intake
- There have been changes in National Curriculum requirements
- The School wishes to review the policy
- The LA requires as to review it

**Ratified by**

**April 2015**

**Chair of Governors**