



## Ashton St. Peter's Church of England Voluntary Aided Primary School

### Personal, Social, Health and Education Policy

Ratified in January 2018

Update in January 2021

#### Rationale

Personal, Social Health and Education (PSHE) is non-statutory subject within the National Primary Curriculum. The school uses PSHE to build on the current statutory requirements to provide guidance on: drug education, financial education, sex and relationship education (SRE) and the importance of physical activity and diet for a healthy lifestyle.

Throughout the school children gradually build on the life skills they have started to acquire during Early Years. In Key Stages 1 & 2 children learn skills to develop effective relationships, assume greater personal responsibility and keep themselves safe.

- I. The main philosophical idea underlying Ashton St Peter's is to recognise the child as an individual, within a secure, caring and stimulating educational environment. The school endeavours to generate a family feeling which encourages warm, considerate relationships and effective communication between staff, children, parents and the local community.
- II. Ashton St Peter's is a voluntary aided church school. It has always had links with the Priory Church of St Peter and is supported by the Diocese of St Albans.
- III. The Governors have decided that, as sex education is an integral and essential part of 'educating children in personal relationships', it will be part of the curriculum. The children are actively involved in discussions about subjects such as self-esteem, personal safety, relationships and loss.

#### PSHE in a wider school context

- **Spiritual, Moral, Social and Cultural Development**

The religious teaching is in accordance with the doctrines of the Church of England. The school is linked with the Priory Church so that the children may worship in church as a normal part of their school life. The religious education curriculum is of the traditional form, using the major Christian festivals as points in our school calendar. The children are introduced to some of the significant festivals in other world religions and are taught to understand a range of different cultures in preparation for life in modern Britain.

- **Equal Opportunities**

We encourage the children to be sensitive to and tolerant of the needs and feelings of others, showing respect for different faiths and cultural diversity. We seek develop an active awareness of the need to promote socially acceptable behaviour.

This is part of our whole school approach to equality based on 7 key principles detailed in our Equality Policy.

Through the teaching of PSHE and the examples set by all adults within the school community, the children will be encouraged to:

- Respect the British values of mutual respect and tolerance of all cultures in the community which have shaped their own heritage and that of others
- Not tolerate or respond passively to incidents which give offence to others on the grounds of gender, ethnic origin or disability
- Value the languages and dialects of all pupils and endeavour to allow individual pupils to take full advantage of their linguistic diversity
- Appreciate the value of working and socialising with people from different religions and cultures

- **School Council**

The children are encouraged to express their views, concerns and worries using the worry box and the suggestion box. All classes are represented, and council members wear blue caps at playtimes for identification.

- **Values Education**

We aim to promote a Values-based education. As part of our PSHE curriculum we introduce a monthly value which we expect the children to demonstrate throughout the school day. We share our 'values' with parents, aiming to encourage the 'value' to be promoted out of school also.

We use the 'Value Tree' and 'Pupil of the Week' certificates to reward children who demonstrate behaviour representative of the current value or previous values.

- **Health Education**

General health education, both formal and informal, concerning the physical, social and emotional development of a child is a continuous process within each classroom. It is taught throughout the creative curriculum, specifically through Science, PSHE and PE.

- **Behaviour Management**

Discipline within the school is firm but friendly. The expectations of the school are simple and stress the need for care, courtesy and consideration at all times. Children are encouraged to recognise the difference between right and wrong and to understand the consequences of their behaviour and actions.

- **Lunchtimes**

Lunches are provided in the school hall. All children eat in the hall, with a staggered lunch time for Reception, Key Stage 1 and Key Stage 2, and later play in the playgrounds in the care of the team of mid-day supervisors.

- **Health & Safety**

The health and safety of all children is ultimately the responsibility of the Headteacher and the Governing Body. The Governors have a Health & Safety Committee which meets termly. The pupils are required to observe the rules relating to safety at all times, in particular any instructions given in an emergency.

Children have opportunities to learn about keeping physically and emotionally safe, including safety online and responsible use of social media.

- **Child Protection**

The Headteacher is the Child Protection Officer at Ashton St Peter's. The Education Welfare Officer and/or medical professionals will be called in by the Headteacher when appropriate, as required by the Code of Practice.

### Aims of Personal, Social & Health Education

In conjunction with the Mission Statement, PSHE will be taught through "Valuing the individual and promoting achievement" and working together so that our pupils love their neighbour without reservation.

PSHE is included as an important element of the school's creative curriculum, providing every pupil with the opportunities to develop knowledge, skills and attitudes which will enable them to become effective learners and effective citizens, both within and beyond the school.

### Teaching Objectives

The programme of study is based on three core themes:

1. Health and Wellbeing
2. Relationships
3. Living in the Wider World

### Curriculum Organisation

At Ashton St Peter's School, PSHE is taught within all appropriate subjects and as an individual lesson also.

Throughout the Foundation Stage, Key Stage One and Key Stage Two PSHE is taught as a lesson each week.

In Reception class, PSHE is taught covering both the requirements for the Foundation Stage and our monthly 'Values'.

In Key Stage One and Key Stage Two, PSHE is taught covering both the requirements for the National Curriculum and our monthly 'Values'.

To supplement planning for the PSHE objectives, all classes use 'Telling Tales' as a planning tool.

There is a wide range of books available in classrooms and in the library that support PSHE.

Teachers use a variety of learning strategies within their lessons such as:

- Circle time
- Working in pairs/small groups
- Whole class discussion
- Brainstorming
- Using drama role play
- Use of puppets
- The 'Draw and Write' approach
- Use of stories/poems/pictures.

### Community Links

The school encourages strong links with the parents, who are active participants in many classrooms. Parents provide practical help with curriculum support covering such activities as reading, computing, cooking, sewing, craft, etc. At specific times of the year, they help with school trips and concerts, etc.

The staff from the Dunstable Team Ministry visits the school regularly to take assembly, and the school uses the Priory Church for end of term services. We also have visitors from other local organisations. The school actively engages in fund raising for local, national and international organisations.

### Assessment, Recording and Reporting

PSHE is monitored at the end of each term with teachers recording progress and passing on information to the PSHE subject leader.

PSHE is reported upon within the Annual Report to the parents, and also in the social profile written by the class teacher.

### Review and Monitoring

The delivery of PSHE will be monitored by the subject leader. The provision and resources for PSHE will be reviewed under the same timetable areas as with all other subjects.

### Professional Development

The Headteacher will send individual teachers on PSHE courses when these are relevant to the needs of the school and to the professional development of the teacher.

### Review Procedures

The School's policy will be reviewed when:

- Every three years in January 2021
- The School wishes to review the policy
- If amendments are required by the LA

Ratified by:

Date: January 2018

Chair of Governors