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UPDATED 7TH DECEMBER 2023	***	W	T <sub>N</sub>			27 <sup>21</sup> 1502	Milk		MUSTARD					We
MAIN DISHES	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Battered Chicken Burger		<b>✓</b>		<b>√</b>									✓	
Bbq Chicken														
Beef Bolognaise	<b>✓</b>													<b>√</b>
Beef Burger		✓							✓					
Beef Burger ( Paragon Bookers)		✓											<b>√</b>	
Beef Cowboy Chilli														<b>√</b>
Breaded Chicken		<b>✓</b>												
Breaded Cod Fillet with Lemon		<b>✓</b>			<b>✓</b>									
Breaded Fish		<b>✓</b>			<b>✓</b>									
Chicken & Tomato Pasta		<b>✓</b>												
Chicken BBQ		<b>~</b>												
Chicken Curry									<b>√</b>					<b>✓</b>
Chicken Katsu Curry		<b>✓</b>												
Chilli Con Carne (mild)														<b>✓</b>
Honey Glazed Gammon														
Italian Meatballs in Tomato & Oregano Sauce		<b>√</b>											<b>√</b>	<b>√</b>
Mexican Chicken Fajita		<b>√</b>												
Roast Breast of Chicken														
Roast Pork Loin														

Roast Turkey														
Southern Fried Chicken		1					✓							
		<b>M</b>	T <sub>A</sub>			aph fisa	, and the second		MUSTRED		0		£	o me
MAIN DISHES continued	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Cottage Pie														<b>✓</b>
Honey Glazed Pork Sausages		<b>√</b>											<b>√</b>	<b>√</b>
Hot Dog														
Large Jacket Potato Hot Topping														
Pepperoni, Tomato & Mozzarella Pizza		<b>√</b>					<b>√</b>							
Pigs in Blanket (Christmas)		<b>√</b>											✓	<b>√</b>
Pork Meat Balls & Tomato & Basil Sauce	<b>√</b>	<b>√</b>											1	<b>√</b>
Pork Sausages BBQ Glazed		1											1	<b>√</b>
Prime Pork Sausages		1											<b>√</b>	<b>√</b>
Sausage Plait		1											1	<b>√</b>
Toad in the hole		✓		<b>√</b>			<b>√</b>							

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Children can also help themselves to a selection of salads which vary each week and alternative desserts of yogurts and fruit salad.



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UPDATED 7TH DEC 2023	***	W	Y.				N. 2		MUCDAS	2			£	
HALAL MAIN DISHES	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds		
Halal BBQ Chicken		✓												
Halal Chicken Curry														
Halal Chicken Katsu Curry		✓												
Halal Chicken Sausages		✓											<b>√</b>	<b>√</b>
Halal Crispy Chicken		✓		<									<b>~</b>	
Halal Breaded Chicken BBQ		✓												
Halal Honey Glazed Chicken		✓												
Halal Honey Glazed Chicken sausages		✓											<b>√</b>	✓
Halal Mexican Chicken Fajita		✓												
Halal Roast Breast of Chicken														
Halal Roast Chicken														
Halal Southern Fried Chicken		✓					<b>√</b>							
Halal BBQ Glazed Beef & Chicken sausages		✓											<b>√</b>	✓
Halal Beef Burger		✓											<b>√</b>	
Halal Beef Hot Dogs														
Halal Lamb Bolognaise	<b>√</b>													✓
Halal Toad in the Hole		✓		<b>~</b>			✓							
Halal Lamb Burger		<b>4</b>												
Halal Lamb Chilli (mild)														<b>√</b>
Halal Lamb Shepherd's Pie														✓
Halal Lamb Meatballs in a Tomato & Oregano Sauce														
Halal Lamb Sausage Plait		<b>4</b>		<b>√</b>										



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UPDATED 7TH DEC 2023	***		T <sub>A</sub>				Milk		(M.STARD)	2	080		£	UN.
MAIN VEGETARIAN DISHES	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds		
BBQ Falafel														
BBQ Glazed Vegetarian Sausage (v)		<b>√</b>												
BBQ Vegetable Burrito (v)		<b>√</b>												
Cheese & Onion Pastie(V)		1		<b>√</b>			✓							
Chunky Roasted Vegetables & Pasta (v)		<b>√</b>												
Fusilli Pesto Pasta with Herb Crumb & Cheese Topping (v)		1					✓							
Halloumi & Sauté Mushroom(v)							<b>√</b>							
Halloumi Burger		1					✓							
Italian Vegetable Balls & Tomato & Basil Sauce (v)	✓	1												✓
Large jacket Potato														
Macaroni Cheese (v)		<b>√</b>					✓							
MAIN VEGETARIAN DISHES continued	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Margarita Pizza(v)		1					<b>√</b>							
Mexican Bean Fajita (V)		1												
Mexican Vegetable Fajita with Sour Cream & Salsa (v)		1					✓							
Mushroom Stroganoff							<b>√</b>						<b>√</b>	
Penne Pasta Sweet Tomato & Basil Sauce (v)		1												<b>√</b>
Quorn Roast				<b>√</b>			✓							
Quorn Sausage Hotdog (v)	_	1												
Ratatouille Bake (V)		1												<b>√</b>
Roasted Chickpea and Vegetable Wellington (v)		<b>√</b>												<b>√</b>
Roasted Falafel with Flat Bread & Tzatziki (v)		<b>√</b>												
Roasted Vegetable Savoury Crumble (V)		1					<b>√</b>							

Stuffed Mushrooms (v)									
Stuffed Peppers (v)					<b>√</b>				
Vegetable Bolognaise (v)	✓								✓
Vegetable Burger (v)		✓							
Vegetable Chilli (v)									✓
Vegetable Hot Pot	<b>√</b>								<b>√</b>
Vegetable Katsu Curry (v)		<b>√</b>						<b>~</b>	
Vegetable Lasagne (v)	<b>√</b>	<b>√</b>							<b>√</b>
Vegetable Lattice (v)		<b>√</b>	<b>√</b>		<b>√</b>				
Vegetable Pie									<b>√</b>
Vegetarian Toad in the Hole		<b>√</b>	<b>√</b>		>				
		No.		100	Sik 3	MISTARO			NA.

Main meals and desserts are served to a food standards portion size.

Children can also help themselves to a selection of salads which vary each week and alternative desserts of yogurts and fruit salad.

YES CHEF CATERING LTD SCHOOL MEAL ALLERGEN CONTENT – Autumn/ Winter 2023

Food Standards Agency

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UPDATED 7TH DEC 2023	***		<b>1</b>				Milk		(MUSTARO)					
SIDE DISHES	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Apple Sauce		J												
Baked Beans														
Basmati Rice														
Braised Rice														
Braised vegetable Rice														
Bread		✓											✓	
Bread Sticks		<b>✓</b>										<b>√</b>		
Brocolli														
Bun		<b>✓</b>												
Butter							✓							
Caesar Salad							✓							
Carrots (Glazed)														
Cheese							✓							
Coleslaw				<b>√</b>					✓					
Crunch Salad	✓													
Crusty Roll		<b>√</b>												
Garlic Bread		<b>√</b>												
Garlic Roasted Potato wedges														
Garlic Roasted Potatoes														
Gravy	✓													
Hash Brown														
Herb Diced Potatoes														
Herby Potatoes														
Jacket Wedges														
Lightly Spiced Potato Wedges												_		

			<b>*</b>				wiik		MUSTARD					
Mashed Potato														
Sour Cream & Salsa							✓							✓
Mexican Savoury Rice														
Mini Jacket Potatoes														
Minted Peas														
Mixed Salad														
Mixed Vegetables														
Naan Bread		✓					✓						✓	
Nachos														
New Potatoes														
Noodles		✓		✓									✓	
Pasta		✓												
Peas														
Potato & Carrot Hash														
Rice														
Flat Bread & Tzatziki		✓					✓							
Roasted New Potatoes														
Roasted vegetables														
Sugared ring Doughnut		✓		<b>√</b>										
Slaw				✓					✓					
Stir Fried vegetables														
Sage & Onion Stuffing	✓	✓												
Stuffing	✓	✓												
Sweetcorn														
Sweetcorn & Peppers														
Tomato & Basil Salad														
Tomato & Corn Salad														
Tuna & Mayonnaise				<b>√</b>	✓				✓					
Vegetable Bites	✓													
			Y.				Milk		MUSTARD					THE STATE OF THE S
SIDE DISHES continued	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Vegetable Rice														

Vegetable Slaw		<b>√</b>			<b>√</b>			
Vegetables								
Wraps	✓							
Yorkshire Pudding	✓	✓		<b>√</b>				

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YES CHEF CATERING LTD SCHOOL MEAL ALLERGEN CONTENT – Autumn/ Winter 2023

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Please contact: Kevin Burn at Yes Chef Catering Ltd M: 07854 193595 Email: email@yeschefcateringltd.co.uk

UPDATED 7TH DEC 2023			T <sub>in</sub>			Juan Reur	Milk		(MLISTERIO)					O WE
SALAD BAR	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Carrots														
Celery	✓													
Coleslaw				✓					✓					
Cous Cous		1												
Cucumber														
Greek Salad														
Lettuce														
Mixed salad														
Pasta		<b>√</b>		✓					<b>√</b>					
Peppers														
Rice Salad														
Sugar Snap Peas														
Sweetcorn														

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Food Standard Agency



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DESSERTS	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Apple Flapjack		✓												
Apple Pie		<b>4</b>		✓										
Banana Cake		<b>√</b>		✓			✓						✓	
Banana Flapjack		<b>√</b>											✓	✓
Banana Toffee Crumble		<b>4</b>					✓							
Blueberry Cake		<b>4</b>					✓							
Blueberry Muffin		<b>√</b>		✓			✓							
Carrot Cake ( Made Dairy Free)		<b>√</b>		✓										
Carrot Cake (Cake Mix Waterdene)		<b>√</b>		✓			✓						✓	
Cheesecake		<b>4</b>					✓							
Choc Ice (Waterdene 9104)							✓						✓	
Chocolate Brownie (Bookers)		<b>√</b>		✓										
Chocolate Brownie (Waterdene)		<b>√</b>		✓			✓							
Chocolate Cake		<b>4</b>		✓			✓							
Chocolate Cookie Mix (Waterdene)		<b>√</b>		✓										
Chocolate Cornflake Cake		✓												
Chocolate Fudge Cake		✓		<b>√</b>			✓							
Chocolate Sponge & Chocolate Sauce		<b>4</b>		✓			✓							✓
Chocolate Swirl Mousse							✓							
Cookie Mix (Plain Cookie Mix) Waterdene)		<b>√</b>		✓			✓							
Cream							✓							
Custard							✓							
Dried Fruit														✓

Festive Chocolate Cupcake		<b>√</b>		<b>√</b>			<b>√</b>							
Fresh Fruit Platter														
Fruit Crumble		<b>√</b>					<b>√</b>						✓	<b>√</b>
Fruit Ice Lolly														
Fruit Jelly Pots														<b>√</b>
Fruity Bake		<b>√</b>												
			Y			Jan Roze	Milk		MILETORD					
DESSERTS continued	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Fruit Salad														
Fruit Yogurt Selection							<b>~</b>							✓
Fudge Shortbread		✓					<b>√</b>							
Golden Syrup Sponge (Sponge Mix Waterdene)		<b>✓</b>		<b>~</b>			<b>~</b>						<b>~</b>	
Golden Syrup Sponge		✓		✓										
Ginger Cake		✓		✓										
Ice Cream				✓			✓							
Ice Cream Pot							✓							
Jam Doughnut		✓					✓							
Jam Sponge		✓		✓			✓							✓
Lemon Drizzle Cake		✓		<b>~</b>										
Lemon Shortbread		✓												
Melon Slices														
Oat & Raisin Cookie		✓												✓
Rocky Road		✓					✓							
Salted Carmel Cookies		<b>~</b>		>			>							
Strawberry Ice-Cream				<b>~</b>			✓							
Sugared ring Doughnut		✓		<b>~</b>			<b>√</b>							
Treacle Sponge & Cream		✓		<b>√</b>			<b>√</b>							✓
Yogurts							✓							✓

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